

#### Welcome to

#### Who Wants to Go to Moksha

- **15** Moksha
- Ayogi Kevali 14 •
- 13 Sayogi Kevali
- 12 Ksheen Moha
- Upshänt Moha
- 10 Shukshma Sampräya
- Anivruti Bädar
- Nivruti Bädar
- 8 7 6 5 4 3 2 Apramat Samyata
- Pramat Samyata
- Desvirati
- Avirat Samyaktva
- Mishra
- Säswädän
- Mithyätva



JCNC/Adult Swädhyaya/Harendra Shah/March 20, 2003

#### Moksha means?

15 ● Moksha

14 ● A.Kevali

13 • S.Kevali

12 • K.Moha

11 • U.Moha

10 **S.Sampräya** 

9 • A.Bädar

8 • N.Bädar

7 • A.Samyata

6 P.Samyata

5 • Desvirati

4 • Samyaktva

3 • Mishra

2 • Säswädän

1 • Mithyätva

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A: No delusion (Moha)

C: Right faith, right knowledge & right

B: All karmas are eradicated

D: All of the above



Moksha = Moha + Kshaya

= Delusion + Eradication



When we see the flag of temple or *Shikhar*, we supposed to

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A: think that we have the right direction

B: We're approaching the temple

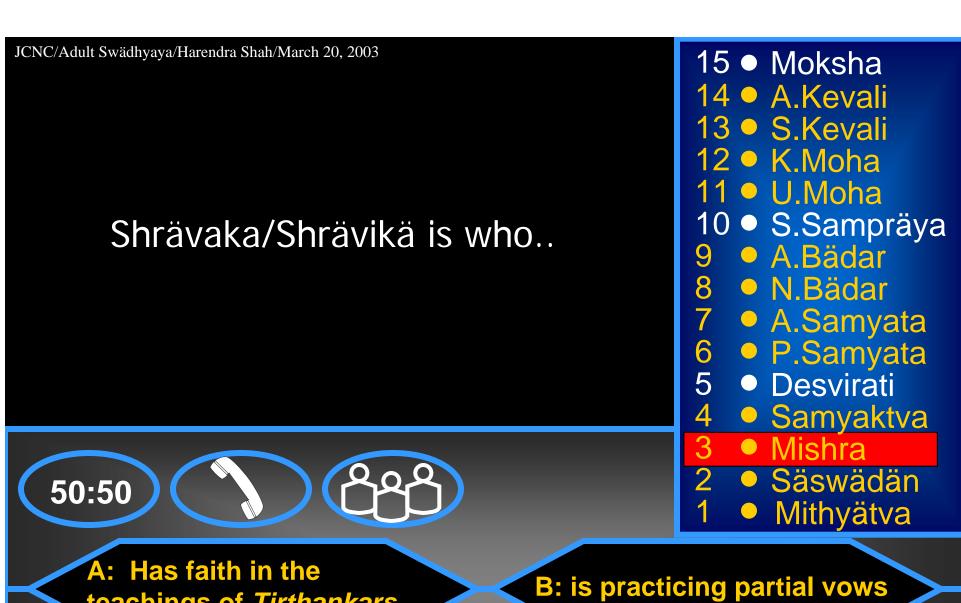
C: concentrate on driving

D: say Namo Jinänam Jibhyänam



50:50





teachings of Tirthankars

C: listens to the teachings of **Tirthankars** 

D: All of the above



- Shrävaka is the person who is living in a house and practices the partial vows (anuvrata).
- The *shrävaka* word is derived from the word "shru" meaning to listen. *Shrävaka* listens to the preaching of the *tirthankar* or the right *guru* or reads the Jain canonical books.
- Shrävaka has faith in the path of liberation expounded by the *tirthankars*, who avoids the non-essential activities of sins, who has the right belief, and who has suppressed *anantänubandhi* (life-long-lasting) *kashäyas* (passions).
- He/she feels that this material world (*samsär*) is a prison and wants to be freed from it.
- The word *Shrävaka* is used for a male and *Shrävikä* is used for a female.





We should utter words 'Nisihi' (to give up) thrice

first time while entering the main door of the temple. It means that I will restrain myself from engaging in worldly activities, physically, verbally and mentally.

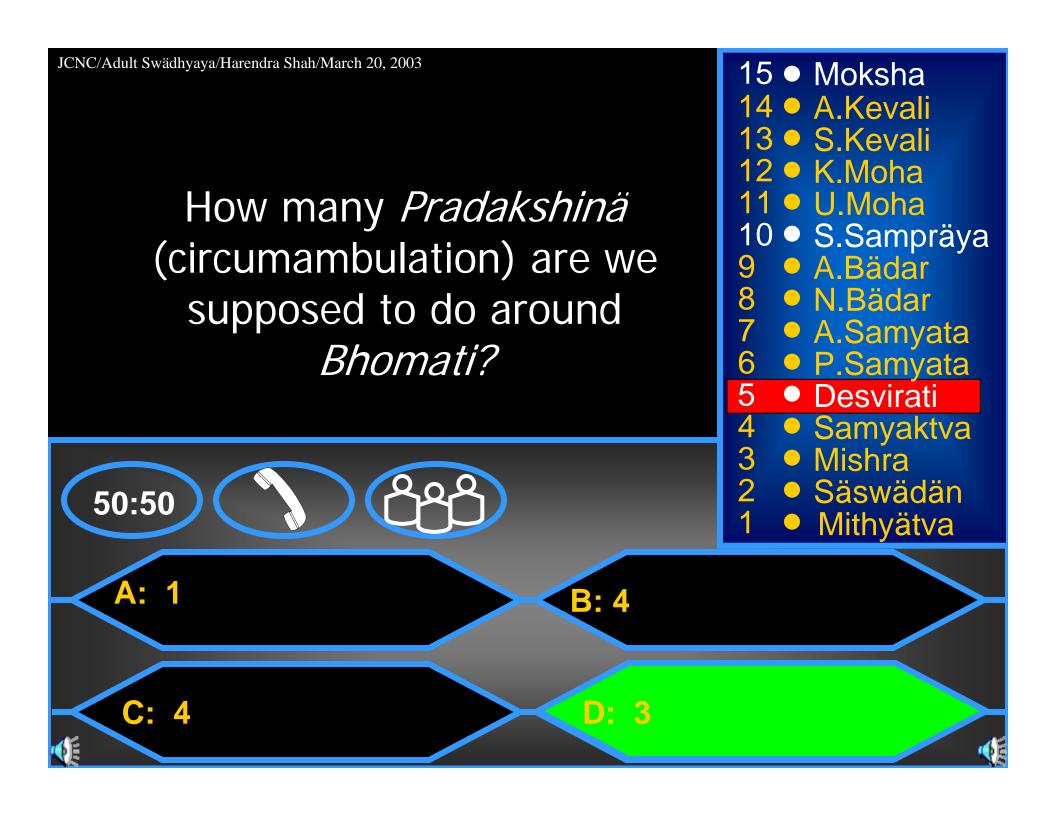
Say 'Namo Jinänam Jiabhyänam' with folded hands while bowing the head as soon as we see Jin Murti in the temple.

Then proceed to do the Jin Darshan of the Mul-Näyak.

The second time 'Nisihi' is uttered before entering the inner temple (Gabhärä). This signifies that I am abandoning the activities relating to the temple matters.

The third time '*Nisihi*' is uttered after completion of *Jin Pujä*. This signifies that I will restrain myself from physical acts of worship (*Dravya Pujä*) before performing '*Chaitya Vandan*' (*Bhäv Pujä*).





After the *Jin Darshan* of *Mul-Näyak*, we should proceed to perform three *Pradakshinä* (circumambulation) the *Parmätmä* (in *Bhomati*, also called *Gomati*), starting from the right of HIM.

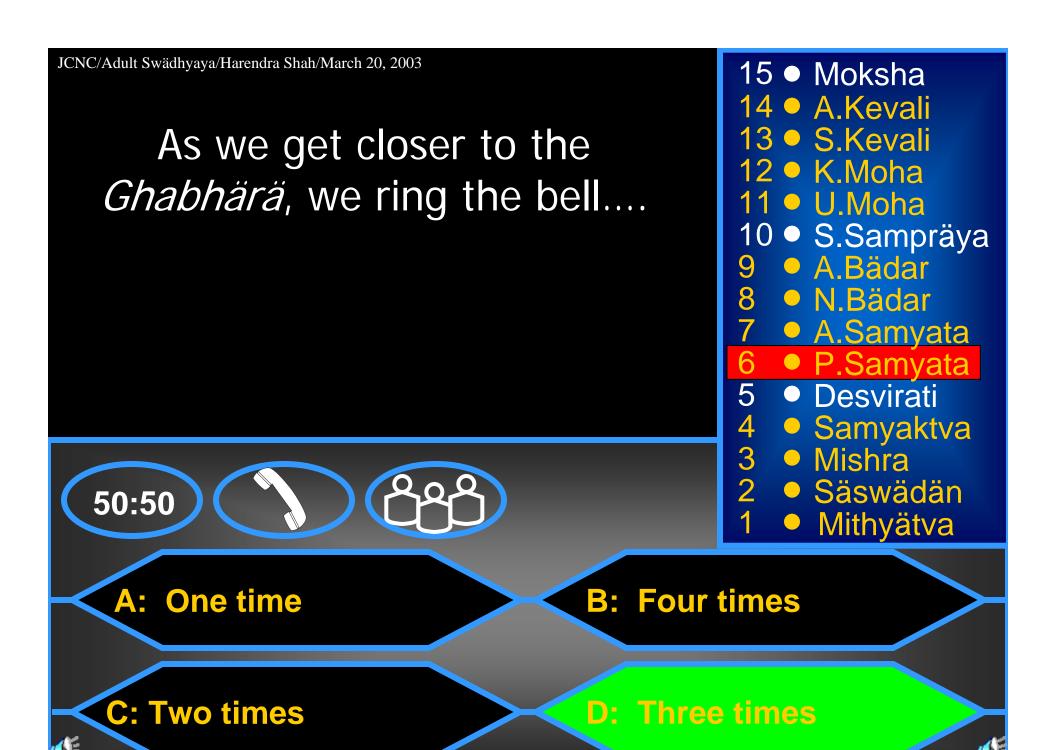
It is symbolic for acquiring virtues of right perception, right knowledge and right conduct.



## Congratulations!

You've Reached the Des Virati Milestone!





As we get closer to the *Ghabhärä*, we ring the bell three times to symbolize that I will stay away from the activities of the material world and will become engrossed in *Jin Pujä* by my body, speech and mind.



The bell is rang second time when 'Abhishek Pujä' is about to start. Third time we ring the bell after the completion of Jin Pujä. How many times should we ring the bell at this time?

15 ● Moksha 14 ● A.Kevali 13 • S.Kevali 12 • K.Moha U.Moha 10 • S.Sampräya A.Bädar N.Bädar A.Samvata P.Samyata Desvirati Samyaktva Mishra Säswädän Mithyätva

A: One time

50:50

**B: Two times** 

**C:** Three times

D: 27 times



- Third time we ring the bell after the completion of *Jin Pujä* and befor we start the *Bhäv Pujä* (*Chatya-vandan*).
- This time we ring the bell twenty seven times to symbolize twenty seven special characteristics of a Jain monk.
- Because, the ownership of *Bhäv pujä* (*Chaitya-vandan*) belongs to Jain monks.
- Now, we are going to become a Jain monk while performing *Chaitya-vandan*.
- Therefore, to respect and praise the special twenty seven characteristics of Jain monk, we ring the bell twenty seven times



Forth time we ring the bell while leaving the temple.
How many times?

15 • Moksha 14 • A.Kevali 13 • S.Kevali

12 • K.Moha

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10 ● S.Sampräya

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P.Samyata

5 • Desvirati

4 • Samyaktva

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1 • Mithyätva

A: One time

50:50

**B:** Two times

C: Three times

D: Seven times



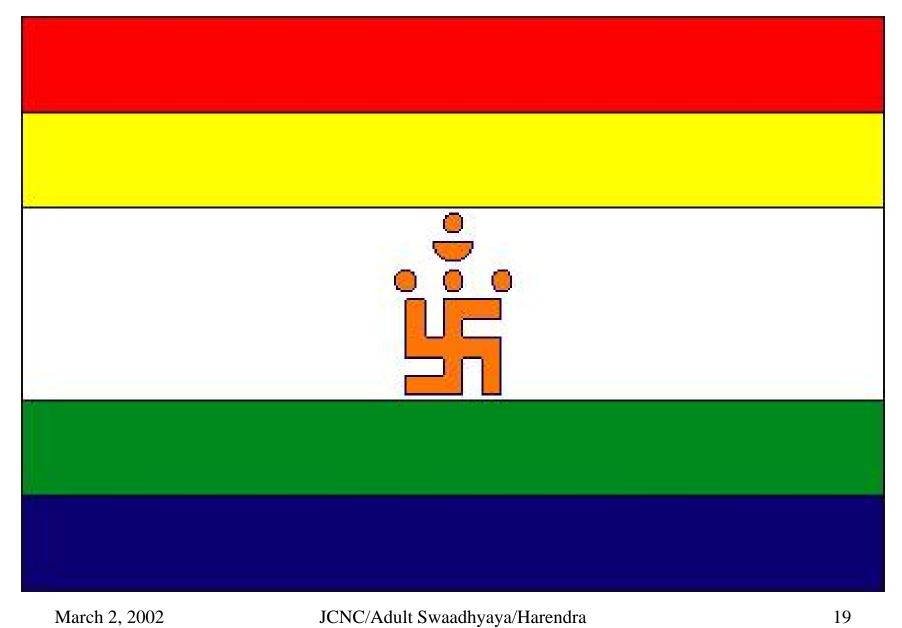


Forth time we ring the bell while leaving the temple. This time we ring the bell seven times symbolizing the seven types of fear that we want to get rid of in order to be freed from the miseries of the material world.

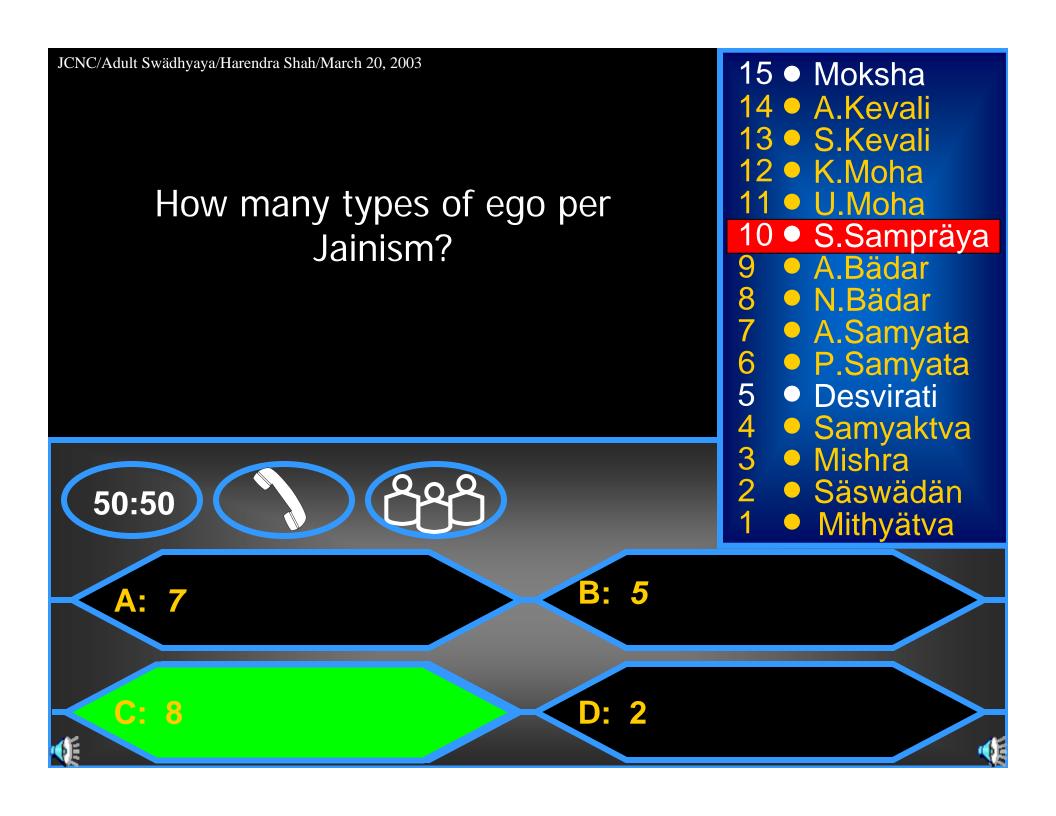
Seven types of fear (bhaya):

- (i) fear of this world (iha-loka);
- (ii) fear of the next world (para-loka);
- (iii) fear of sickness (vyädhi);
- (iv) fear of death (marana);
- (v) fear of being without protection (agupti);
- (vi) fear of being without defense (aträna);
- (vii)fear of something unexpected (äkasmika).









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Eight types of egos (mada):
one's knowledge(jnäna);
one's worship (pujä);
family (kula);
caste (jati);
one's strength (bala);
one's wealth (ridhdhi);
one's ascetic practices (tapas); and
one's beauty (vapus).
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## Congratulations!

# You've Reached Shukshma Sampräya

Milestone!



What is the meaning of Dharma-*Chakra* (Wheel of Religion)?

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A.Bädar

8 • N.Bädar

7 • A.Samyata

P.Samyata

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4 • Samyaktva

3 • Mishra

2 • Säswädän

1 • Mithyätva

A: Time Cycle

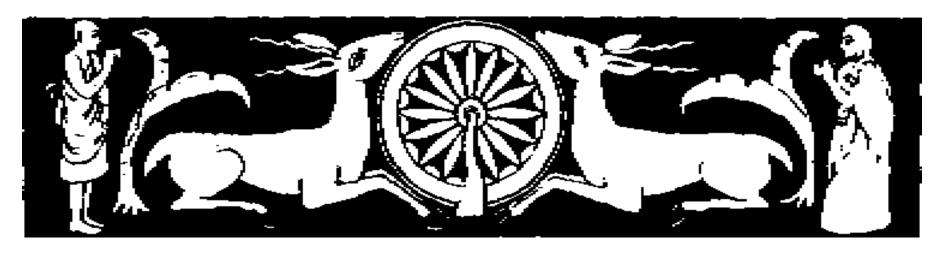
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B: Cycle of birth & death

C: Misery of material world

D: Wheel of fortune





The wheel in the center represents one time cycle, which is divided in two half cycles. In each half cycle of the time, there are 24 Tirthankars who expound the path of purification. So continuously goes on the time wheel of religion.

It also shows vegetation, animals, Jain monk and Jain nun.

This represents that all souls are equal and they should be treated with equinimity.



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Obstacles (Shalya – internal darts) in the path of liberation or Moksha

15 ● Moksha

14 • A.Kevali

13 • S.Kevali

10 • S.Sampräya

A.Bädar

N.Bädar

A.Samyata

P.Samyata

6 5 Desvirati

Samyaktva

Mishra

Säswädän

Mithyätva

B. Desire for material rewards as fruits of piritual activities

D: All of the above



A: Deceit

**C:** Perversity





Obstacles (Shalya – internal darts) can be removed by...

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S.Kevali

K.Moha

U.Moha

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A.Bädar

N.Bädar

A.Samyata

P.Samyata

6 5 Desvirati

Samyaktva

3 Mishra

Säswädän

Mithyätva

A: A Tirthankar

50:50

B: A Right Guru

**C:** Listening to lectures on Jainism

D: confession or aloyanä



- Also known as *älochanä*, one type of *Präyaschhit* (repentance for the breach of vows).
- In *präyaschhit*, one asks for forgiveness for the various errors of commission and omission, the faults and the sins committed knowingly or unknowingly. This austerity may be performed in the presence of a Jain ascetic or can be done alone. *Präyaschhit* helps us to reflect upon ourselves in a way that leads to self correction. Even for a small fault we should say " *Michchha Mi Dukkadam*." There are nine subtypes of *präyaschhit*.
- (1) To confess one's mistake in the presence of the preceptor and with a pure heart that is called *älochanä*.
- (2) To repent for the mistake that has been committed and to refrain from it, as also to remain alert that no new mistakes are committed - that is called pratikramana.

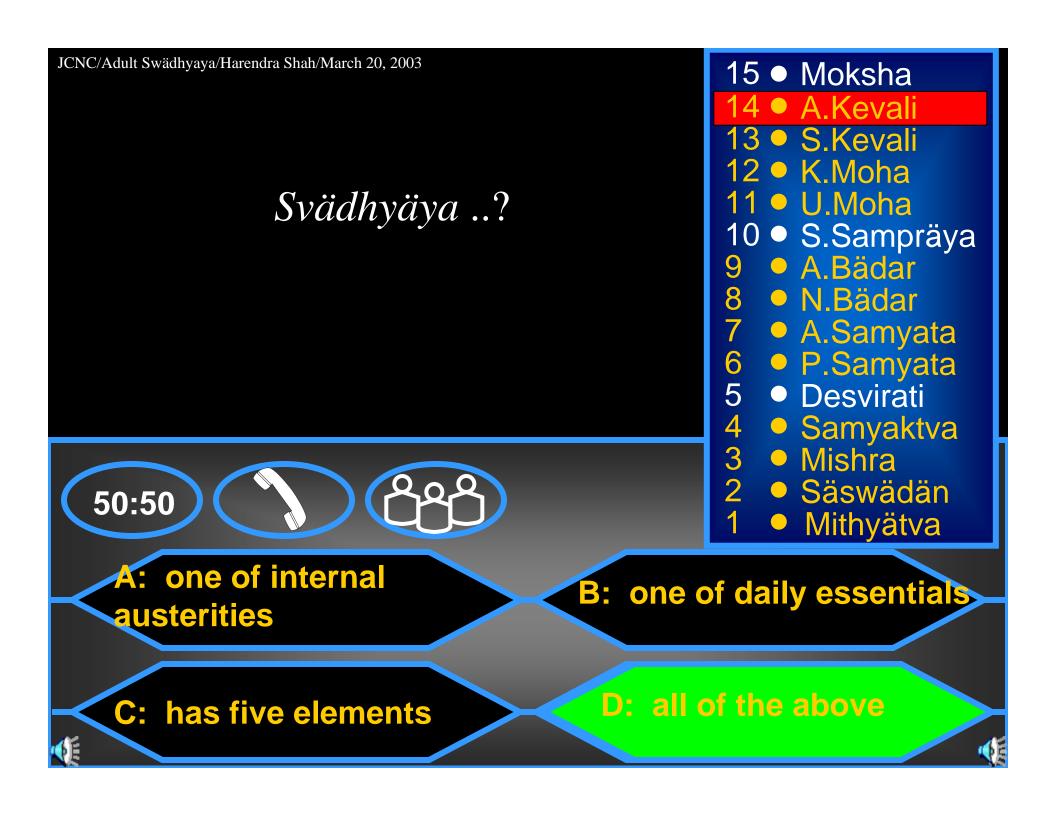


- (3) When these *älochana* and *pratikramana* are performed together that is called a combination of *älochana* and *pratikramana*.
- (4) When prohibited food and drink happen to have been received and the fact comes to light later on, then to discard these food and drink that is called *viveka*.
- (5) To regret the mistake committed, one adopts an attitude of concentration to give up the operations of body and speech that is called *vyutsharga*.
- (6) To regret the mistake committed, one performs external penances like *anashana* etc. that is called *tapa*s.
- (7) Corresponding to the gravity of the offense committed, the reckoned period of monkshood is reduced by a day, a fortnight, a month or a year that is called *chheda*.



- (8) To keep an offender at a distance from oneself and not to have with him engaged any dealings of any sort for a fortnight, a month or the like as might suit the gravity of his offense that is called *parihära*.
- (9) When on account of a violation of the earlier accepted *mahävrata*s (major vows) non-violence, truthfulness, continence etc. they are forfeited that is called *upasthäpanä*.





Svädhyäya is consisted of five elements.

- (i) vächanä- reading of the Jain canonical books;
- (ii) pruchhanä- asking the guru questions about them;
- (iii) parivartanä- repetition of what was learned previously so one does not forget;
- (iv) anuprekshä- deep contemplation of what was learned (with the meaning);
- (v) dharma-kathä- inspiring others about Jainism and listening to the exposition of religious parables.



Great Ächärya Amitgati says, one cannot get rid off the darkness of his/her ignorance without the brightness of svädhyäya.

Another great Ächärya Vamadeva says, *svädhyäya* is one of the four *anuyogas* propounded by the Jina.

Ächärya Asadhara recommends the construction of svädhyäyashäläs (schools) where there is no frequent visits by Jain monks and scholars.



Sadguru (Right Guru) is who has taken *Dikshä*, has given up pleasures of five senses & mind, has no worldly attachments and..

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A: practices Samatä & anekäntväd

50:50

B: emphasizes on selfefforts and self-initiatives

c: follows & preaches
major path expounded by

D: All of the above





